

ORANGECREST SWIM SCHOOL FACT SHEET

DESCRIPTION OF LESSONS:

Whether you are interested in water safety skills or advanced stroke, we teach it all. Our sessions are 6 weeks long this summer and that is primarily for payment purposes as most of our students stick around for a summer or until they have reached their swimming goals. Consistency and constant exposure to water throughout the warmer months of the year helps our students become “Strong, Confident Swimmers.”

Parents are expected to participate with their infants for at least the first several classes to transition the child to a new instructor.

Children under the age of 5 must start with 15 minute lessons and can gradually increase as their focus and love for swimming grows if scheduling allows.

For adults, and advanced swimmers, we teach 30 minute lessons that are one on one and tailored to meet your swimming goals. During the first lesson we assess which of our five levels you fit into and start there, and go over your wants and needs as a swimmer. Our curriculum begins with water safety and self rescue skills followed by strengthening kicks and prepping for stroke.

For those that already know how to swim and self rescue, we can begin Backstroke and Freestyle and if you choose, move on to our advanced strokes: Breaststroke and Butterfly. We can also prepare any student for competitions in the final level of our curriculum including a focus on flip turns, dives, and starts.

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HOW TO REGISTER:

Set a reminder in your calendar to visit www.OrangecrestSwimSchool.com for the REGISTRATION LINK at the scheduled Open Registration time as time slots fill up fast. All time slots are first come, first serve once registration is open. The “Priority Registration” dates are for past students and their siblings only.

If you don't already have an account with Paypal with your payment information included, I highly recommend setting it up before the registration day for easy check out as time slots are snagged quickly during the registration process.

After you pay the required Registration Fee and select a time slot, you will receive a confirmation email confirming your ongoing time slot for the full 6 week session. You will be sent a payment link for the total balance of the classes which will include an online service fee and a deadline to pay. If you would like to have this fee waived, you will have a window of opportunity to drop off cash or check to avoid the service fee. **The \$50 registration must be paid online.**

You are allowed **ONE** make up classes per 6 week sessions and must give at least 24 hours notice in order to receive the make up class. Last minute cancellations and no shows will not receive a make up class.

Our phone number is reserved for current clients only. Any questions or concerns may be emailed to OrangecrestSwimSchool@gmail.com for fastest response.

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THE LOCATION OF THE LESSONS:

All lessons are taught from the privacy of our backyard in Orangetcrest and are one on one. We keep our salt water pool at about 80-84 degrees for lessons. We require that the parents stay during the duration of the lesson. We do not travel to other pools and locations.

THE SCHEDULE:

| <u>DAY</u> | <u>TIME</u> | <u>INSTRUCTOR</u> |
|------------|------------------|-------------------|
| MONDAYS | CLOSED | N/A |
| TUESDAYS | 10:00AM - 2:00PM | Female Instructor |
| | 2:00PM - 6:00PM | Male Instructor |
| WEDNESDAYS | 4:00PM - 6:30PM | Female Instructor |
| THURSDAYS | 2:00PM - 6:00PM | Male Instructor |
| FRIDAYS | 10:00AM - 2:00PM | Female Instructor |
| SATURDAYS | 9:30AM - 1:30PM | Female Instructor |
| | 2:00PM - 6:00PM | Male Instructor |
| SUNDAYS | CLOSED | N/A |

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WHO TEACHES THE CLASSES:

Bethany and John have been teaching swimming to kids and adults for over 12 years. They have been using their progressive teaching style in order to get their students to not only be strong, efficient swimmers, but also find the fun in swimming. They received their training from an olympian and have over a decade of games and experiences to bring to each class, making sure you and your child have the best experience possible.

Stepping into the pool for the first time can be intimidating, especially for young, inexperienced swimmers, and because of this, OSS takes the gentle approach to getting your child comfortable with the water.

Bethany and John do not teach ISR (infant survival rescue) as they have found that while it is an efficient teaching style in the moment, it does not give infants the life long skills necessary to become strong, confident swimmers.

Swimming is a gift for life and at Orangecrest Swim School, our students find that swimming is not only an important skill but a fun one and opens up several possibilities for future adventures and other swimming related opportunities. We have students that started at the beginning and our now racing competitively at their high schools and beyond.

John and Bethany have been married for 12 years and have two boys Rylan (9) and Trevor (5) who both love to swim and have followed our OSS swim method since they were 6 months old.

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THE PRICES FOR SWIM SEASON 2025:

Our Annual Registration Fee the 2025 summer is \$50 per student in order to reserve your time slot.

PLEASE SEE OUR 2025 PRICE LIST SHEET FOR OUR UP TO DATE PRICES.

Once the registration is paid to reserve your slot, you will pay the remaining balance based on the amount of minutes you have selected for your class. These are 15 minute increments (*15, 30, 45, etc.*) The time may be split among siblings according to the recommendation of the instructor. Please see our 2025 Price List for an accurate price for the time slots.

These prices are subject to change for future sessions. These are the total prices for six classes, not per class. We HIGHLY recommend signing up for 2x a week if you would like to see a quicker progression of the skills. We HIGHLY recommend you go swimming for play and experience outside of your regularly scheduled swim classes as this reinforces confidence in the water and allows kids to “play” outside of class so that they have an easier time focusing on the drills during class time.

We look forward to seeing our students thrive this summer and cannot wait to introduce our new friends to our pool and show them how much we love swimming!!!

- Coach Bethany & Coach John